

# INTERNATIONAL EDUCATION OF DIAGNOSTIC MSK **ULTRASOUND**

LEVEL 1 - Foundations of MSK Ultrasound - PRISTINA 2020

"SonoSkills is Europe's leading musculoskeletal ultrasound (MSKUS) and anatomy training provider for primary and secondary healthcare professionals. Our courses are evidence based, up to date, critical, hands-on, fun, an overall amazing experience. Registration for our Level 1 education in **Pristina** is open now and you are welcome to join us."



FACULTY: Zoran Filipović, SonoSkills HQ trainer

# THE LEARNING OBJECTIVES OF THIS EDUCATION ARE:

- Understanding the concept of ultrasound
- Applying MSK ultrasound healthcare: its correct place
- What is the appearance of musculoskeletal tissues in ultrasound?
- Learning how to use the ultrasound system
- Understanding the 3D functional anatomy of all extremity joints
- Being able to scan all ESSR extremity joint protocols in a correct and reliable way
- Being able to identify pathology in MSK ultrasound
- Correctly working with the flowchart for reliable scanning

# STUDY LOAD

The total study load for this complete level 1 education is 170,5 hours. We have more than 17 hours of HQ videos that participants will have to watch on our e-learning platform.









- 1. PART (3 days) Diagnostic evaluation of shoulder, elbow and wrist (bone, tendons, muscles, ligaments, nerves ...) – ESSR protocols
- 2. PART (3 days) Diagnostic evaluation of hip, knee and ankle (bone, tendons, muscles, ligaments, nerves ...) - ESSR protocols

### MSK US OF SHOULDER JOINT AND INTRODUCTION

- Introduction in musculoskeletal ultrasound
- Qualitative scanning
- Knobology
- MSK US of the biceps
- MSK US of the subsc. and corocoid process
- MSK US of coracoacromial ligament
- MSK US of the supraspinatus with measurment
- MSK US of the infraspinatus and AC joint

#### MSK US OF WRIST

- MSK US of the dorsal wrist compartments
- MSK US of the scapho-lunate ligament
- MSK US of the carpal tunnel
- MSK US of the ulnar tunnel

# MSK US OF HIP JOINT

- Musculoskeletal ultrasound of the ventral hip
- Musculoskeletal ultrasound of the medial hip
- Musculoskeletal ultrasound of the lateral hip
- Musculoskeletal ultrasound of the dorsal hip

#### MSK US OF ELBOW JOINT

- MSK US of the lateral elbow
- Measuring the common extensors with MSK US
- MSK US of the ventrolateral and ventral elbow
- MSK US of the ventromedial and medial elbow
- MSK US of the dorsal elbow
- Introduction and explanation of the SonoSkills forum

#### MSK US OF KNEE JOINT

- MSK US of the ventral knee
- MSK US of the medial and posteromedial knee
- MSK US of the dorsolateral and lateral knee
- Lifelong learning: how to proceed?

# MSK US OF ANKLE JOINT

- MSK US of the plantar foot, achilles tendon and calf
- MSK US of the lateral compartment of the lower leg and the lateral ligament complex of the ankle
- MSK US of the ventral and medial ankle

#### **DETAILS**

Organizer/promoter: YESS PHARMA and SonoSkills HR

Type of education: LEVEL 1 - Foundations of MSK Ultrasound education

Dates:

1. part - 14. - 16. February 2020.

2. part - 13. - 15.. March 2020.

Location: Pristina, Kosovo

Price: €1.100,00

Register: send an e-mail to info@sonoskills.hr with details.

Online registration available at: www.sonoskills.com





